HERRIMAN ENNECTICA

September 2024

Kid's Backpack Safety 2 **Community Concerts** 2 This, Not That 3 **Herriman Howl Expedition Yeti** 3 **Internal ADUs** 3 Children's Theater **Wreaths Across America** 3 **Event Calendar Senior Events**

Mayor: Lorin Palmer

District 1: Jared Henderson jhenderson@herriman.org **District 2: Teddy Hodges** thodges@herriman.org District 3: Sherrie Ohrn sohrn@herriman.org District 4: Steven Shields sshields@herriman.org

mayorpalmer@herriman.org

Council Corner

September is National Preparedness Month

In a world where there's a national month or day for everything, September's National Preparedness Month stands out as one worth embracing. It's a time to take proactive steps toward emergency readiness because disasters—whether natural or otherwise unexpected—can strike without warning. Being prepared can make all the difference.



Start by understanding the specific risks we face here in Herriman, such as fires, earthquakes, blizzards, extreme heat, and flash flooding. Knowing these risks helps you better plan to stay safe. Develop an emergency plan that includes communication strategies, evacuation routes, and safe locations for you and your pets. Community involvement is also crucial—talk with neighbors and loved ones about preparedness, share what works, and support each other in creating effective plans. Protect what matters most by safeguarding important documents and considering additional measures like flood insurance. Remember, in a large-scale disaster, supplies and extra help might not arrive for days or even weeks, so it's essential to stock up on food, water, and medicine to ensure your family's comfort and security until then.

Here are some actions you can take this month:

Assemble a 72- or 96-hour kit: Include food, water, medications, portable chargers, cash, and waterproof protection for vital documents.

Talk with your neighbors: Herriman uniquely thrives on community support. Start a conversation about collective preparedness.

Develop a family communication plan: Ensure everyone knows how to stay in touch during an emergency, including where to meet if cell service is down. Practice the plan together.

Identify and practice evacuation routes: Know the best ways out of your area and review them with your family. We'll publish the City's primary evacuation routes on **www.herriman.org**.

Sign up for City notifications: Get emergency alerts and other important news by creating an account on www.herriman.org/notifications.

Preparedness is a shared responsibility. This month, let's ensure that our community is ready to face any challenge that comes our way.

Questions or comments: 801-446-5323

@HerrimanCity [7] [7]









Join the Herriman Community Orchestra

Rehearsals Begin August 28





Kids Backpack Safety Tips: How to Avoid Injury this School Year

From Lone Peak Hospital's Herriman Emergency Center

Backpack safety for kids is important to their health. Check out these tips for how to choose, pack and wear a backpack.

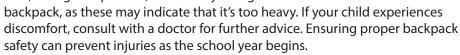
As children head back to school, backpack safety is crucial to prevent injuries like back and neck pain, headaches, and fatigue. Carrying too much weight or using an ill-gitting backpack can even lead to visits to the doctor. To avoid this, parents should help children choose the right backpack and teach them how to pack and wear it properly.

When selecting a backpack, consider its weight, size, and design. The American Academy of Pediatrics recommends that a backpack weigh no more than 5-10% of a child's body weight. For example, a 50-pound child should carry no more than 5 pounds. A well-fitting backpack should not extend more than 4 inches below the waist and should sit close to the back. Features like wide, padded shoulder straps, an adjustable waist or chest strap, and multiple compartments can help distribute weight evenly.

Packing the backpack correctly is also important. Place heavy items like

textbooks toward the center and bottom of the pack, use outer pockets for smaller items, and leave non-essential items at home. If the backpack weighs more than 10% of your child's body weight, reassess its contents.

Be aware of warning signs like red marks on shoulders, changes in posture, or difficulty lifting the



Read more at MountainStar.com/blog.







26-30

EXPLORATION & COLLECT PASSCODES: SEPT 26-29

Visit designated locations at your convenience to find educational displays about nature and local history while collecting passcodes to exchange for prize drawing entries.

SUBMIT PASSCODES:

Enter your passcodes online by Sunday night, Sept. 29, for chances to win amazing prizes.

PRIZE DRAWING & CELEBRATION: SEPT 30

Hang out with the Yeti, enjoy live music, food trucks, and the farmers marketplace while prizes are raffled off. All participants may pick up a limited-edition sticker for their exploring efforts.

HERRIMAN.ORG/EXPEDITION-YETI

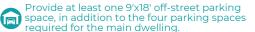
ACCESSORY DWELLING UNITS

What is an Accessory Dwelling Unit (ADU)? Who can have one? Can they be external, as well as internal?

If you've considered renting your basement, this is something that is allowed, as long as the following minimum criteria are met:

CRITERIA





The property owner must be the primary resident of the home.

If you are finishing or renovating a basement for purposes of creating an ADU, the relevant building permit must be applied for in addition to the ADU itself. That information can be found at herriman.org/building, or call 801-446-5327.



The City currently does not allow for external or detached ADUs.

The application for Internal ADU can be found at herriman.org/iadu.



6 PM

DISNEY · PIXAR

Come volunteer for the shows and get to see the show for free! Great family service night for

ages 12+





Show starts at

Sign up to Volunteer or email arts@friendsofherriman.org





@ Butterfield Park Pavillion September 19, 20, 21, 23











Show starts at

@ Butterfield Park Pavillion September 19, 20, 21, 23





8 PM



Serving Mountain Mike's Pizza

Friendsofherriman.org/arts/tickets/











Stay Connected to your city

Sign up for email and text notifications from Herriman City at:

Herriman.org/Notifications

- Emergency Alerts
- Newsletter
- Construction
- Events
- City Council
- Road Closures
- PlanningCommission







Front Desk

801-446-5323

Parks Reservations

801-446-5323

Building Department

801-446-5327

Passport Office

801-446-5323

Police Dispatch

801-840-4000 <u>Emergencies:</u> 911

EVENT CALENDAR

For more information on upcoming events visit: herriman.org or @HerrimanCity on social media channels

SEPT

16

Monday Market

J. Lynn Crane Park & Plaza 13082 S Fort Herriman Pkwy 5-9:00 PM

SEPT

25

City Council Meeting

Council Chambers

5355 W Herriman Main St

7:00 PM

Ост

Planning Commission

MeetingCouncil Chambers

5355 W Herriman Main St

7:00 PM

SEPT

18

Planning Commission

Meeting

Council Chambers 5355 W Herriman Main St 7:00 PM SEPT

19

Lunch with Lee's Senior Residents

Main Street Park 5916 W 13100 South 11:00 AM **S**EPT

23

Monday Market

J. Lynn Crane Park & Plaza 13082 S Fort Herriman Pkwy 5-9:00 PM

SEPT

26-30

Expedition Yeti

Various locations & times

Visit herriman.org/expedition-yeti

SEPT

30

Monday Market

J. Lynn Crane Park & Plaza 13082 S Fort Herriman Pkwy 5-9:00 PM

Ост

9

City Council Meeting

Council Chambers 5355 W Herriman Main St 7:00 PM

Ост

7 Herriman Howl

J. Lynn Crane Park & Plaza 13082 S Fort Herriman Pkwy 5:00 PM **7** Monday Market

Ост

J. Lynn Crane Park & Plaza 13082 S Fort Herriman Pkwy 5-9:00 PM

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Email: arts@friendsofherriman.org

October 7

VOLUNTEER opportunities found at:

https://www.friendsofherriman.org/volunteer/

6 pm Finding Nemo Kids performance
Sept 19-23 8 pm Little Mermaid Jr. performance
@Butterfield Park

-Concessions sold in between (Mountain Mike's Pizza)

7 pm Herriman Community Orchestra Concert :
"An Evening in Nature"
-see website for details

October 14 7 pm Herriman Chorale Choir Concert

friendsofherriman.org/events





September Senior Resident Activity Thursday, September 19 Main Street Park • 11 AM

Enjoy sandwiches, sides, & cookies from Herriman's Lee's Marketplace along with yard games, puzzles, and more! RSVP to 801-758-0081 to attend.